



SPRING DALES SCHOOL ALMORA

Link Road, Near Taxi Stand, Almora Pin-263601

Affiliated with C.B.S.E. Delhi Code No.-3530151 School No.-81386

Ref. No.

Date: ..01/04/2026.....

To

The Concerned Authority / Parent / Stakeholder

Spring Dales School Almora; Central Board of Secondary Education Affiliated School

Subject: Submission of List of Subjects Offered for Various Grade Levels as per CBSE Guidelines.

Respected Sir/Madam,

Greetings from the school.

This is to formally present the list of subjects being offered across the Primary, Middle, Secondary, and Senior Secondary sections of the school in accordance with the curriculum framework and academic guidelines prescribed by the Central Board of Secondary Education and based on the recommendations of the National Council of Educational Research and Training. The school follows a comprehensive and balanced curriculum structure aimed at ensuring the holistic development of students through academic excellence, experiential learning, co-curricular participation, skill development, value education, and physical well-being.

The subjects offered at each grade level have been carefully planned to meet the developmental, intellectual, emotional, social, and creative needs of learners at different stages of schooling.

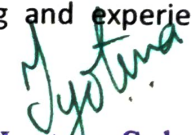
The curriculum framework includes:

Primary Section (Classes I–V)

Focus is laid on foundational literacy, numeracy, language development, environmental awareness, creativity, and joyful learning through subjects such as English, Hindi, Mathematics, Environmental Studies, Computer Education, Art Education, Music, and Physical Education.

Middle Section (Classes VI–VIII)

The curriculum expands into structured academic disciplines including English, Hindi, Third Language/Sanskrit, Mathematics, Science, Social Science, Computer Education, Art Education, Work Education, and Physical Education with emphasis on conceptual understanding and experiential learning.


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Principal
Spring Dales School
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Secondary Section (Classes IX–X)

Students are provided with a competency-based curriculum comprising English, Hindi, Mathematics, Science, Social Science, Information Technology/Computer Applications, Art Education, Work Education, and Health & Physical Education, preparing them for higher academic learning and board examinations.

Senior Secondary Section (Classes XI–XII)

The school offers diversified subject combinations under the Science, Commerce, and Humanities streams, including subjects such as Physics, Chemistry, Biology, Mathematics, Accountancy, Business Studies, Economics, History, Political Science, Computer Science, Physical Education, and other optional subjects as permitted under CBSE norms.

In addition to scholastic areas, the school also emphasizes:

- * Life Skills Education
- * Value Education
- * Art Integration
- * Physical Fitness and Sports
- * Digital Literacy
- * Environmental Awareness
- * Experiential and Project-Based Learning

The enclosed list of subjects reflects the school's commitment to providing quality education aligned with national educational objectives and the holistic vision of the National Education Policy 2020.


The school continuously strives to provide a learner-centric environment that nurtures academic competence, creativity, leadership, discipline, and responsible citizenship among students.

We trust that the enclosed details provide a clear overview of the academic structure and subject offerings followed by the school in compliance with CBSE guidelines.

Thank you for your continued support and cooperation.

Yours faithfully,

Principal


(Jyotsna Sohanlal)
Principal
Spring Dales School

School Name: ALMORA

Address: NEAR TAXI STAND ALMORA

Contact Details: 9557413361

List of Subjects as per Central Board of Secondary Education Guidelines

PRIMARY SECTION

(Classes I to V)

Class

Subjects

Class I

English, Hindi, Mathematics, Environmental Studies (EVS), General Knowledge*, Computer Education*, Art Education, Music, Physical Education

Class II

English, Hindi, Mathematics, Environmental Studies (EVS), General Knowledge*, Computer Education*, Art Education, Music, Physical Education

Class III

English, Hindi, Mathematics, Environmental Studies (EVS), General Knowledge*, Computer Education*, Art Education, Music, Physical Education

Class IV

English, Hindi, Mathematics, Environmental Studies (EVS), General Knowledge*, Computer Education*, Art Education, Music, Physical Education

Class V

English, Hindi, Mathematics, Environmental Studies (EVS), General Knowledge*, Computer Education*, Art Education, Music, Physical Education

*Subjects such as General Knowledge and Computer Education may vary according to school policy.


MIDDLE SECTION

Classes 6th to 8th

Subjects;

Class VI

English, Hindi, Third Language/Sanskrit, Mathematics, Science, Social Science, Computer Education, Art Education, Music/Dance, Work Education (SUPW), Physical Education


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Class VII

English, Hindi, Third Language/Sanskrit, Mathematics, Science, Social Science, Computer Education, Art Education, Music/Dance, Work Education (SUPW), Physical Education

Class VIII

English, Hindi, Third Language/Sanskrit, Mathematics, Science, Social Science, Computer Education, Art Education, Music/Dance, Work Education (SUPW), Physical Education

SECONDARY SECTION

(Classes IX and X)

Class IX

Scholastic Subjects

Co-Scholastic Areas

English Language & Literature

Art Education

Hindi Course A / Hindi Course B

Health & Physical Education

Mathematics

Work Education

Science

Discipline & Life Skills

Social Science

Value Education

Information Technology / Computer Applications*

Co-curricular Activities


Class 10th

Scholastic Subjects

Co-Scholastic Areas

English Language & Literature

Art Education


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Hindi Course A / Hindi Course B

Health & Physical Education

Mathematics Standard / Basic

Work Education

Science

Discipline & Life Skills

Social Science

Value Education

Information Technology / Computer Applications*

Co-curricular Activities

Senior Secondary Section

(Classes XI and XII)

SCIENCE STREAM

Common Subject Combination

Subjects

English Core / English Elective

Physics

Chemistry

Mathematics / Biology

Physical Education / Computer Science / Information Practices

Students select subjects according to their chosen stream and career interests.

PCM Combination

(Engineering & Technical Fields)

Subjects

English Core

Physics

Chemistry


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Mathematics

Computer Science / Physical Education

PCB Combination

(Medical & Life Sciences)

Subjects

English Core

Physics

Chemistry

Biology

Physical Education / Psychology

PCMB Combination

Subjects

English Core

Physics

Chemistry

Mathematics

Biology

COMMERCE STREAM

Standard Commerce Combination

Subjects

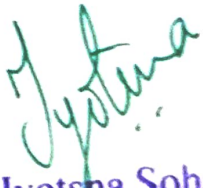
English Core

Accountancy

Business Studies

Economics

Mathematics / Physical Education /


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Commerce with Mathematics

Subjects

English Core

Accountancy

Business Studies

Economics

Mathematics

Commerce without Mathematics

Subjects

English Core

Accountancy

Business Studies

Economics

Physical Education

HUMANITIES STREAM

Common Humanities Combination

Subjects

English Core

History


Political Science

Physical Education / Economics / Computer Science

PHYSICAL EDUCATION

Physical Education may be offered:

- * As an additional subject
- * As the fifth subject
- * As an elective subject across all streams


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Areas Covered

- * Sports and games
- * Yoga
- * Fitness
- * Sports psychology
- * Health education
- * Biomechanics

NOTE

The exact subject combinations and optional subjects may vary depending upon:

- * School infrastructure
- * Availability of faculty
- * CBSE approval
- * Student strength and demand
- * School academic policy

However, all subject offerings are implemented in accordance with the norms and guidelines prescribed by the Central Board of Secondary Education.



(Jyotsna Sohantai)
Principal
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